

Striving for Zero Suicide

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Suicide facts

- Approximately 1 million people die by suicide each year across the world, and approximately 6,000 in the UK.
- Most are men (75%) and it is estimated to be the leading cause of death in men under the age of 50, and one of the leading causes of premature death.

Zero Suicide Approach

- Henry Ford Hospital System, Detroit, (USA) implement a philosophy and practice of 'perfect depression care' which led within four years to a 75% drop in suicides, and eventually to years without a single suicide.
- Mersey Care NHS Trust believe that this can be implemented in the UK, and are the first mental health trust to publically commit to the ambitious aspirational goal of zero suicide from within its care over the next five years.
- The Zero Suicide approach aims to improve the care provided and outcomes for people at risk of suicide under the care of Mersey Care NHS Trust.

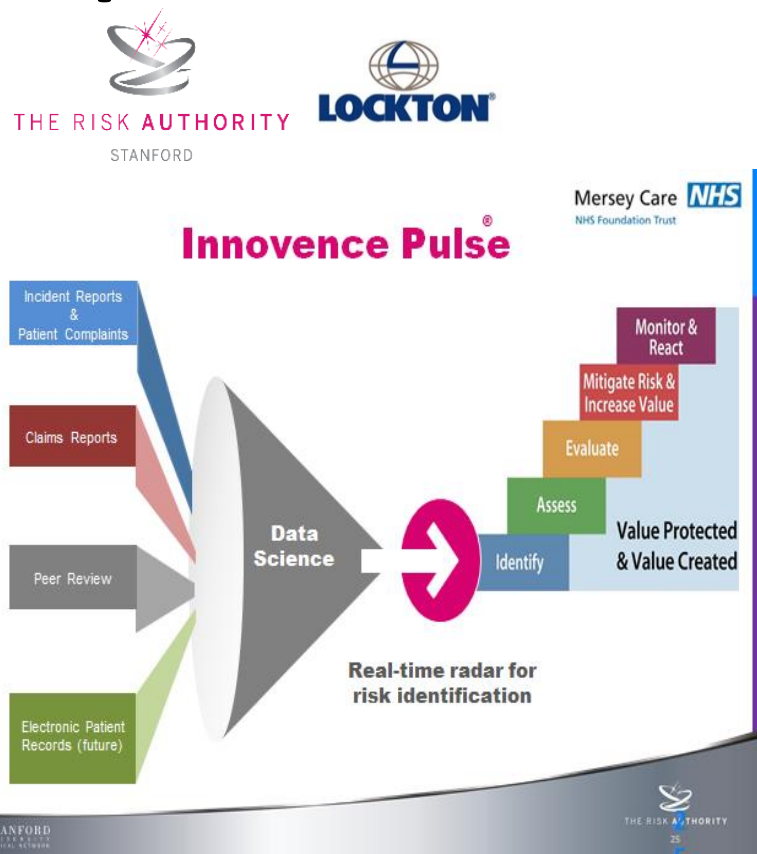
Leading edge partnerships

Partnership for Patient Protection

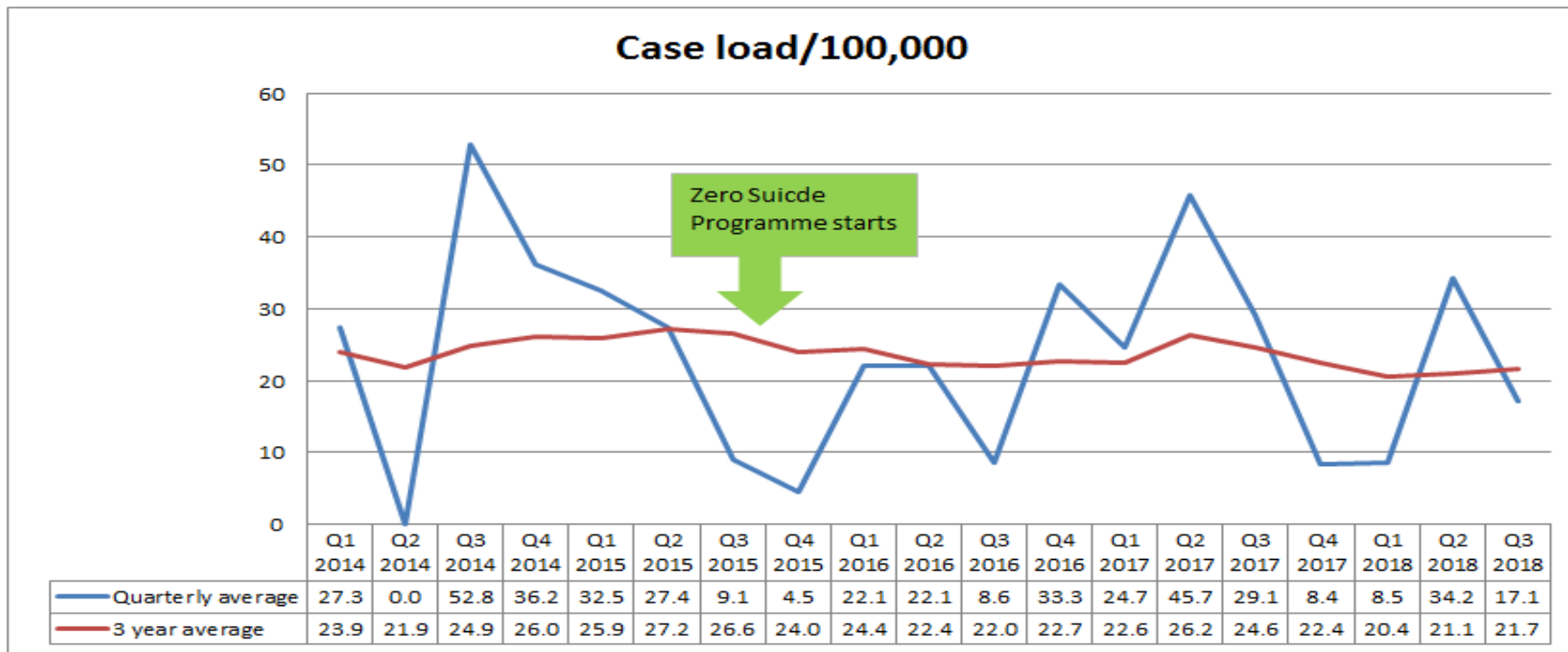
Innovence Pulse ‘Machine Learning’ - real time risk data

Predictive analytics using Silicon Valley technology to be “**better than human beings at predicting suicidality**”

Design thinking – an empathetic approach to problem solving – applied to self harm, sickness absence and violence



Progressive reduction in Trust *suicide rate*



SUICIDE LET'S TALK

NEXT

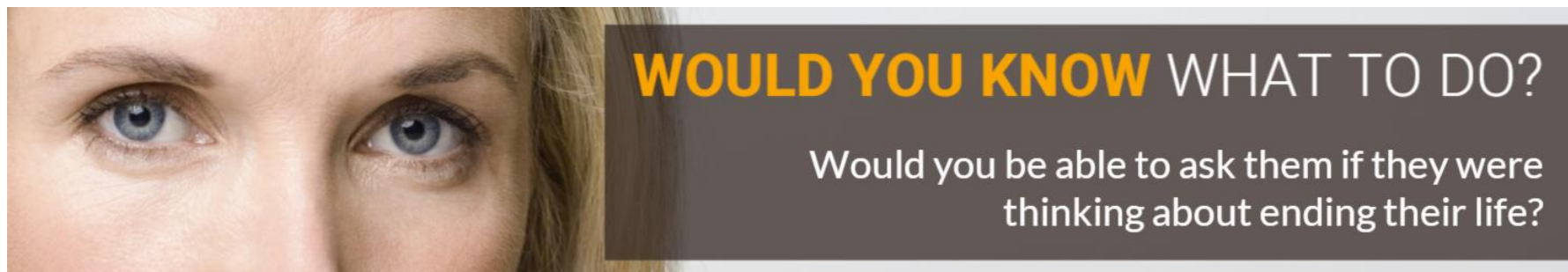
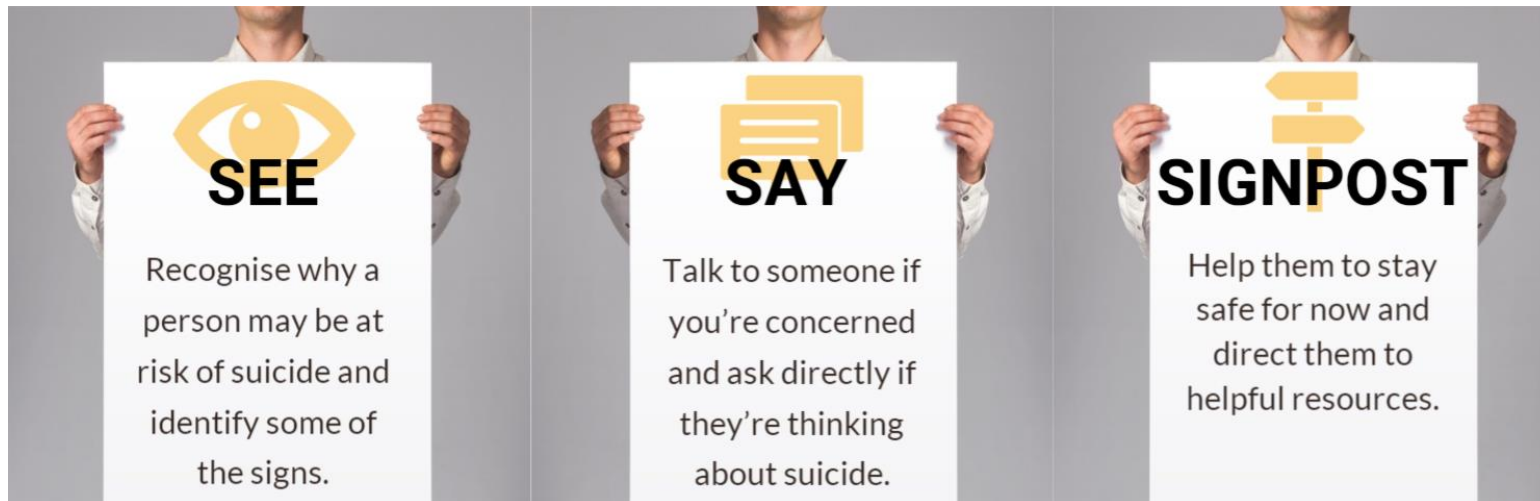


Zero Suicide Alliance (ZSA)

- The Awareness Training is available to use from anywhere in the world from December 2017 as part of the Zero Suicide Alliance offer;
- The ZSA launched 16th November 2017 in the House of Commons, Palace of Westminster;
- Over 90 organisations self-assembling to create a new social movement;
- Focus on knowledge into action;
- Aiming for 1 million to complete awareness training in England;
- Driven by lived experience;
- Supported by Mersey Care.



Participants are left feeling empowered and more confident spotting and handling difficult conversations.



To take the training please visit
<https://www.zerosuicidealliance.com/>

Thank you